

# Suicidal Behaviors and associated factors among residents of Jimma Town, Southwest Ethiopia

## Introduction

- Major public health problem in Africa and cause of premature mortality.
- Limited community based study in Ethiopia is limited.
- Assessed the prevalence of suicidal behavior and its associated factors in Jimma town

## Method

- Community-based cross-sectional, Multistage sampling ; sample size of 636

## Result

- Overall prevalence of suicidal behavior : 7.9% using the SBQR score ( $>7$ ).
- 1/3rd of those with lifetime attempts encountered stigma.
- Factors such as being female, family history of mental illness, poor social support, poor coping self-efficacy, and depressive symptoms associated

## Conclusion and recommendation

- Suicidal behavior was relatively higher .
- Warrants the attention of policymakers in the early screening of depression
- Enhancing mental health care service access and other preventive measures targeting these factors is vital